

Event 2 Girls 4k Run CC Varsity 1 Race

Name	Year	School	Avg Mile	Finals	Points
Conference 1 Results 4000 Run					
1 #1395 Kali Keyes	9	East Meadow	7:07.7	17:42.94	1
2 #2071 Kayla Beovich	11	Syosset	7:16.8	18:05.51	2
3 #2080 Tracy Go	11	Syosset	7:16.9	18:05.87	3
4 #2097 Reilly Siebert	9	Syosset	7:17.0	18:06.18	4
5 #2081 Lauren Gruber	11	Syosset	7:17.2	18:06.45	5
6 #2100 Zoe Stricoff	12	Syosset	7:17.3	18:06.72	6
7 #2077 Samantha DeStefani	9	Syosset	7:17.4	18:07.01	7
8 #2079 Meghan Galvin	12	Syosset	7:17.5	18:07.30	8
9 #2083 Kristen LaBianca	9	Syosset	7:17.6	18:07.62	
10 #1394 Moran Kelly	12	East Meadow	7:36.2	18:53.88	9
11 #1389 Moustakis Alexia	9	East Meadow	7:41.7	19:07.50	10
12 #1575 Jones Dajor	SO	Hempstead	8:22.4	20:48.66	
13 #1396 Ursala Khan	10	East Meadow	9:06.2	22:37.39	11
14 #2211 felicia adawomi	12	Hempstead	9:40.5	24:02.78	
15 #1576 Niasis Hardin	11	Hempstead	9:40.7	24:03.12	
16 #1397 Lauren Picone	9	East Meadow	10:10.3	25:16.80	12
17 #1398 Anggy Poez	9	East Meadow	10:12.5	25:22.23	13
18 #1578 Kashay Rbbinson	9	Hempstead	12:44.5	31:40.00	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 1 Results 4000 Run											
1	Syosset	20	2	3	4	5	6	7	8		
	Total Time:	1:30:30.73									
	Average:	18:06.15									
2	East Meadow	43	1	9	10	11	12	13			
	Total Time:	1:43:38.51									
	Average:	20:43.71									

Conference 4 Results 4000 Run

1 #1492 Paige Duca	12	Friends Academy	6:38.9	16:31.34	1
2 #1493 Anna Pappas	9	Friends Academy	7:15.6	18:02.47	2
3 #1627 Cara Duffy	7	Island Trees	7:17.8	18:07.94	3
4 #1628 Brittany Jenkofsky	10	Island Trees	7:34.9	18:50.52	4
5 #1633 Catherine Zamroz	10	Island Trees	7:38.6	18:59.82	5
6 #1623 Angela Brocco	12	Island Trees	7:40.9	19:05.45	6
7 #2008 Gracie Eisman	11	Seaford	7:56.6	19:44.55	7
8 #2010 Tina Miller	10	Seaford	8:04.5	20:04.16	8
9 #1626 Alexa Dolgas	12	Island Trees	8:11.7	20:21.95	9
10 #1494 Katherine Pappas	12	Friends Academy	8:27.5	21:01.36	10
11 #1496 Madison Rielly	9	Friends Academy	8:28.2	21:03.06	11
12 #2009 Lily Golden	12	Seaford	9:05.0	22:34.42	12
13 #2007 Juliana Chiarelli	10	Seaford	9:19.4	23:10.21	13
14 #1490 Elizabeth Chatpar	9	Friends Academy	9:31.1	23:39.39	14

15	#1489 Anna Asnis	9	Friends Academy	9:31.7	23:40.75	15
16	#2006 Elissa Castro	10	Seaford	9:57.9	24:46.04	16
17	#1631 Keilah Parada	10	Island Trees	10:13.6	25:25.00	17

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 4 Results 4000 Run											
1	Island Trees	27	3	4	5	6	9	17			
	Total Time:	1:35:25.68									
	Average:	19:05.14									
2	Friends Academy	38	1	2	10	11	14	15			
	Total Time:	1:40:17.62									
	Average:	20:03.53									
3	Seaford	56	7	8	12	13	16				
	Total Time:	1:50:19.38									
	Average:	22:03.88									

Event 3 Girls 4k Run CC Varsity 2 Race

Name	Year	School	Avg Mile	Finals	Points		
Conference 1 Results 4000 Run							
1	#1975	Lucy Hurt	9	Port Washington	6:42.3	16:39.87	1
2	#1982	Maria Kogan	10	Port Washington	6:43.3	16:42.38	2
3	#1977	Madeline Jester	11	Port Washington	6:45.6	16:47.90	3
4	#1985	Christina Marinell	11	Port Washington	6:53.5	17:07.63	4
5	#2124	Fatima Lockett	11	VS Central	6:58.8	17:20.71	5
6	#1987	Carly Perlmutter	10	Port Washington	7:08.1	17:44.03	6
7	#1965	Beatriz Chavarria	10	Port Washington	7:09.1	17:46.37	7
8	#1970	Emma Feldman	11	Port Washington	7:15.0	18:01.00	8
9	#2122	Wendy Gonzalez	12	VS Central	7:17.0	18:06.18	9
10	#1976	Charlotte Hyde	11	Port Washington	7:21.8	18:17.92	
11	#2126	Alyssa Meltzer	12	VS Central	7:37.4	18:56.69	10
12	#2127	Amanda Mirville	9	VS Central	8:07.7	20:12.19	11
13	#2123	Kendall Jones	12	VS Central	8:08.3	20:13.55	12
14	#2121	Stephanie Burchell	10	VS Central	8:08.7	20:14.68	13
15	#1621	Kaitlyn Space	12	Hicksville	8:11.2	20:20.75	14
16	#2125	Brianna Mandat	10	VS Central	8:12.5	20:23.88	15
17	#1614	Mina Gradinarov	12	Hicksville	8:25.6	20:56.59	16
18	#1486	Yanilsa Peralta	11	Freeport	8:30.0	21:07.60	
19	#1484	DeAsia Greer	11	Freeport	8:31.4	21:10.98	
20	#2128	Tasnova Osmani	9	VS Central	8:34.1	21:17.65	
21	#1482	Keala Brown	11	Freeport	8:34.9	21:19.78	
22	#1616	Rhea Manjrekar	10	Hicksville	8:35.6	21:21.39	17
23	#1618	Fatehmah Mukadam	10	Hicksville	8:37.2	21:25.31	18
24	#1620	Samantha Schulthei	11	Hicksville	8:44.7	21:44.05	19
25	#1483	Ashley Conforme	11	Freeport	8:56.0	22:12.15	
26	#1617	Priya Mishra	12	Hicksville	9:06.4	22:37.95	20
27	#1609	Gianella Cabrera	9	Hicksville	9:26.4	23:27.71	21
28	#1622	Jessica Wahlen	11	Hicksville	9:26.6	23:28.20	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 1 Results 4000 Run											
1	Port Washington	16	1	2	3	4	6	7	8		
	Total Time:	1:25:01.81									
	Average:	17:00.37									
2	VS Central	47	5	9	10	11	12	13	15		
	Total Time:	1:34:49.32									
	Average:	18:57.87									
3	Hicksville	84	14	16	17	18	19	20	21		
	Total Time:	1:45:48.09									
	Average:	21:09.62									

Conference 4 Results 4000 Run

1	#1699 Maggie Reid	12	Locust Valley				7:10.1	17:48.84		1
2	#1698 Megan Prosser	10	Locust Valley				7:14.2	17:59.10		2
3	#2196 Morgan Hanel	12	Wheatley				7:16.4	18:04.58		
4	#2193 Leigh Anderson	12	Wheatley				7:18.0	18:08.56		
5	#1697 Kameron Palagonia	11	Locust Valley				7:18.2	18:09.02		3
6	#1690 Madeline Casalino	12	Locust Valley				7:25.1	18:26.19		4
7	#2197 Katherine Keller	12	Wheatley				7:34.0	18:48.22		
8	#1696 Siobhan O'Neill	12	Locust Valley				7:41.7	19:07.39		5
9	#1693 Kristy Jahchan	10	Locust Valley				7:50.5	19:29.43		6
10	#1695 Roisin O'Neill	10	Locust Valley				7:50.7	19:29.71		7
11	#1700 Amanda Weiss	11	Locust Valley				8:06.8	20:09.92		
12	#1694 Christine Lee	10	Locust Valley				8:09.7	20:16.99		
13	#1692 Paige Gugerty	12	Locust Valley				8:13.2	20:25.67		
14	#2194 Jessie Cao	11	Wheatley				8:23.6	20:51.54		

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
------	------	-------	---	---	---	---	---	----	----	----	----

Conference 4 Results 4000 Run

1	Locust Valley	15	1	2	3	4	5	6	7		
	Total Time:	1:31:30.54									
	Average:	18:18.11									

ent 4 Girls 4k Run CC varsity 3 Race

Name	Year	School	Avg Mile	Finals	Points
Conference 1 Results 4000 Run					
1	#1738	Nicolette Agostina	11	MacArthur	6:51.4 17:02.44 1
2	#1798	Taylor Rettig	11	Massapequa	7:03.7 17:32.93 2
3	#1781	Allie Aird	11	Massapequa	7:07.6 17:42.71 3
4	#1792	Devin McQuillan	12	Massapequa	7:08.6 17:45.19 4
5	#1787	Meaghan Dearstyne	11	Massapequa	7:12.9 17:55.75 5
6	#1795	Caitlin Morrow	10	Massapequa	7:13.6 17:57.68 6
7	#2250	Kathleen Lucey	10	Oceanside	7:13.9 17:58.29 7
8	#1803	Samantha Strype	12	Massapequa	7:14.0 17:58.59 8
9	#1783	Antonia Bianco	10	Massapequa	7:28.0 18:33.42 9

10	#1788	Kelsey Hadsall	11	Massapequa	7:35.9	18:52.92	
11	#1957	Angelina Kim	9	Plainview	7:37.1	18:55.95	10
12	#1746	Erin Perotta	11	MacArthur	7:38.2	18:58.87	11
13	#1898	Megan Lutz	10	Oceanside	7:44.8	19:15.12	12
14	#1959	Jennifer Pantell	12	Plainview	7:55.0	19:40.51	13
15	#1747	Diana Testa	10	MacArthur	7:55.1	19:40.76	14
16	#1886	Elizabeth Guararra	12	Oceanside	7:56.2	19:43.54	15
17	#1890	Faith Johnson	9	Oceanside	8:02.0	19:58.01	16
18	#1892	Josena Joseph	9	Oceanside	8:03.4	20:01.26	17
19	#1881	Kristen Ekstrom	12	Oceanside	8:04.5	20:04.01	18
20	#1895	Sydney Leider	10	Oceanside	8:15.0	20:30.15	19
21	#1956	Lauren Healy	10	Plainview	8:15.8	20:32.13	20
22	#1952	Olivia Clancy	11	Plainview	8:16.0	20:32.76	21
23	#1748	Fiona Thompson	12	MacArthur	8:16.4	20:33.68	22
24	#1793	Erin McWilliams	11	Massapequa	8:18.3	20:38.46	
25	#1749	Helen Zhang	9	MacArthur	8:26.7	20:59.25	23
26	#1960	Madina Rustemi	10	Plainview	8:35.8	21:22.00	24
27	#1901	Erika Medina	11	Oceanside	8:39.6	21:31.28	
28	#1740	Megan Conroy	11	MacArthur	8:39.7	21:31.68	25
29	#1953	Erin Curran	11	Plainview	8:41.6	21:36.24	26
30	#1878	Rachel Combs	11	Oceanside	8:41.7	21:36.58	
31	#1958	Caitlin Mulligan	12	Plainview	8:45.2	21:45.37	27
32	#1948	Rachel Aber	10	Plainview	8:47.9	21:52.08	
33	#1744	Shannon McGhean	11	MacArthur	8:48.2	21:52.69	28
34	#1951	Joanna Cheng	10	Plainview	9:18.1	23:06.98	
35	#1742	Brianne Giuliano	12	MacArthur	9:19.7	23:11.01	
36	#1913	Aimee Slappay	11	Oceanside	9:20.3	23:12.64	
37	#1743	Maggie Liu	9	MacArthur	10:05.3	25:04.32	
38	#1949	Stephanie Casale	10	Plainview	10:11.1	25:18.67	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 1 Results 4000 Run											
1	Massapequa	20	2	3	4	5	6	8	9		
	Total Time:	1:28:54.26									
	Average:	17:46.86									
2	Oceanside	67	7	12	15	16	17	18	19		
	Total Time:	1:36:56.22									
	Average:	19:23.25									
3	MacArthur	71	1	11	14	22	23	25	28		
	Total Time:	1:37:15.00									
	Average:	19:27.00									
4	Plainview	88	10	13	20	21	24	26	27		
	Total Time:	1:41:03.35									
	Average:	20:12.67									

Conference 4 Results 4000 Run

1	#1368	Gabriella Martins	12	Clarke	6:58.1	17:19.12	1
2	#1920	Linda Cameron	12	Oyster Bay	6:58.9	17:20.96	2
3	#1919	Laura Angelone	10	Oyster Bay	7:16.3	18:04.29	3
4	#1925	Maggie Mcnamara	8	Oyster Bay	7:16.7	18:05.39	4
5	#1927	Anna Lee Sadocha	11	Oyster Bay	7:56.4	19:43.99	5
6	#1926	bella pace	10	Oyster Bay	8:03.5	20:01.61	6
7	#1918	Catherine Almonte	8	Oyster Bay	8:03.6	20:01.97	7
8	#1924	Christina Masiakos	12	Oyster Bay	8:05.4	20:06.35	8

9	#2146	Stessy Louis	12	VS South	8:14.6	20:29.18	
10	#1418	Emma Nicoletti	12	East Rockaway	8:18.4	20:38.78	9
11	#1373	Alexandra Rodrigue	11	Clarke	8:29.8	21:06.94	10
12	#1415	Alexis Jackson	12	East Rockaway	8:54.4	22:08.12	11
13	#1367	Melissa Karbian	11	Clarke	9:16.9	23:04.16	12
14	#1413	Caleigh Goldman	12	East Rockaway	9:18.6	23:08.39	13
15	#2144	Natalia Fernandez	11	VS South	9:28.2	23:32.07	
16	#1416	Patricia Lim	12	East Rockaway	9:31.2	23:39.65	14
17	#1366	Tori Kalberer	11	Clarke	9:31.6	23:40.72	15
18	#1370	Alyssa Peralta	10	Clarke	9:38.8	23:58.55	16
19	#2148	Kimberly Oliveira	12	VS South	9:41.1	24:04.21	
20	#1364	Ava Goncalves	11	Clarke	9:42.6	24:07.82	17
21	#1409	Tara Connor	12	East Rockaway	9:48.9	24:23.72	18
22	#1420	Valencia Poorajah	9	East Rockaway	10:14.6	25:27.46	19
23	#1408	Caitlin Cassini	9	East Rockaway	10:21.1	25:43.64	20

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
------	------	-------	---	---	---	---	---	----	----	----	----

Conference 4 Results 4000 Run

1	Oyster Bay	20	2	3	4	5	6	7	8
	Total Time:	1:33:16.24							
	Average:	18:39.25							
2	Clarke	54	1	10	12	15	16	17	
	Total Time:	1:49:09.49							
	Average:	21:49.90							
3	East Rockaway	65	9	11	13	14	18	19	20
	Total Time:	1:53:58.66							
	Average:	22:47.74							

Event 5 Girls 4k Run CC Varsity 4 Race

Name	Year	School	Avg Mile	Finals	Points
------	------	--------	----------	--------	--------

Conference 1 Results 4000 Run

1	#1323	Charlotte Gondre´	12	Baldwin	6:59.1	17:21.47	1
2	#1325	Germine Museau	12	Baldwin	7:07.3	17:41.87	2
3	#1446	Margaret Velez	12	Farmingdale	7:14.1	17:58.90	3
4	#1439	Cristina Maher	10	Farmingdale	7:19.8	18:12.97	4
5	#2118	Maria Sosa	8	Uniondale	7:28.5	18:34.56	5
6	#1440	Julia Maher	12	Farmingdale	7:37.5	18:56.95	6
7	#1441	Tara Mandel	10	Farmingdale	7:39.5	19:01.94	7
8	#1437	Jacqueline Hilbert	9	Farmingdale	7:39.7	19:02.51	8
9	#2110	Colby Green	9	Uniondale	7:45.5	19:16.90	9
10	#2106	Kristina Cherringt	11	Uniondale	7:45.7	19:17.34	10
11	#2105	Jalissia Casimir	10	Uniondale	7:47.7	19:22.35	11
12	#1326	Tiffany Raymond	11	Baldwin	7:57.7	19:47.10	12
13	#1447	Zoe Zebersky	11	Farmingdale	7:57.9	19:47.66	13
14	#2115	Julie Mercer	11	Uniondale	8:01.4	19:56.43	14
15	#1321	Titilola Akindejoy	11	Baldwin	8:07.1	20:10.63	15
16	#2111	Crystal Green	12	Uniondale	8:29.3	21:05.81	16
17	#2120	Michala Webster	12	Uniondale	8:29.6	21:06.47	17
18	#1324	Aniah Layne	10	Baldwin	8:37.6	21:26.28	18
19	#1444	Carly Palermo	10	Farmingdale	8:55.3	22:10.28	19
20	#1328	Mariah Walker	11	Baldwin	9:12.7	22:53.52	20
21	#2114	Brianna McGregor	9	Uniondale	9:14.1	22:57.02	

22	#2107	Melissa Davis	11	Uniondale	9:14.4	22:57.95
23	#2109	Zaria Fuller	8	Uniondale	9:31.1	23:39.38
24	#6000	Brianna Adams	12	Uniondale	9:33.5	23:45.32

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 1 Results 4000 Run											
1	Farmingdale	28	3	4	6	7	8	13	19		
	Total Time:	1:33:13.27									
	Average:	18:38.66									
2	Baldwin	48	1	2	12	15	18	20			
	Total Time:	1:36:27.35									
	Average:	19:17.47									
3	Uniondale	49	5	9	10	11	14	16	17		
	Total Time:	1:36:27.58									
	Average:	19:17.52									

Conference 4 Results 4000 Run

1	#1380	Daniela LoCastro	11	Cold Spring Harbor	6:18.1	15:39.73	1
2	#1376	Caroline DeBellis	8	Cold Spring Harbor	7:52.0	19:33.10	2
3	#1832	Marissa Karasz	11	Mineola	7:53.3	19:36.34	
4	#1831	Deborah Gabbay	12	Mineola	8:10.1	20:18.06	
5	#1833	Claudia Serna	11	Mineola	8:10.4	20:18.72	
6	#1381	Nicole Schaffer	11	Cold Spring Harbor	9:41.4	24:04.97	3
7	#1382	Claire Taylor	9	Cold Spring Harbor	10:01.6	24:55.07	4
8	#1379	Miichaella Kufner	11	Cold Spring Harbor	10:15.1	25:28.75	5
9	#1377	Kristen Incorvaia	11	Cold Spring Harbor	10:17.6	25:34.92	6

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
Conference 4 Results 4000 Run											
1	Cold Spring Harbor	15	1	2	3	4	5	6			
	Total Time:	1:49:41.62									
	Average:	21:56.33									

Event 1 Girls 4k Run CC Jr. Varsity

Name	Year	School	Avg Mile	Finals	Points
Conference 1 Results 4000 Run					
1	#1967	Talia Crowley	9	Port Washington	7:25.1 18:26.09 1
2	#2104	Aleena Zaidi	10	Syosset	7:33.8 18:47.86 2
3	#2102	Haruna Togawa	11	Syosset	7:34.0 18:48.23 3
4	#1974	Davida Harris	9	Port Washington	7:51.7 19:32.30 4
5	#2089	Lindsay Marmor	9	Syosset	7:52.0 19:33.04 5
6	#1979	Tori Kesselan	9	Port Washington	7:53.5 19:36.85 6

7	#1984	Jamie Littman	9	Port Washington	7:53.7	19:37.34	7
8	#2073	Alexa Brancato	12	Syosset	7:54.3	19:38.89	8
9	#2072	Lily Bloomberg	12	Syosset	7:54.6	19:39.43	9
10	#2076	Briana Conforti	11	Syosset	7:54.7	19:39.71	10
11	#1964	Daniela Carillo	10	Port Washington	7:54.8	19:40.00	11
12	#1989	Arielle Ziv	10	Port Washington	7:55.0	19:40.51	12
13	#1981	Natsu Kitahara	9	Port Washington	7:57.0	19:45.55	13
14	#1794	Sophia Modica	11	Massapequa	7:58.0	19:48.00	14
15	#2099	Nicole Solomon	10	Syosset	8:02.7	19:59.62	15
16	#2083	Kristen LaBianca	9	Syosset	8:07.1	20:10.55	
17	#1789	Emily Hatziyianis	11	Massapequa	8:07.5	20:11.53	16
18	#1782	Natalie Arguelles	11	Massapequa	8:07.6	20:11.85	17
19	#2087	Gillian Lee	12	Syosset	8:08.3	20:13.63	
20	#2101	Hannah Tell	10	Syosset	8:11.8	20:22.34	
21	#1986	Yuri Nakagawa	11	Port Washington	8:11.9	20:22.62	
22	#1436	Abigail Grote	10	Farmingdale	8:12.1	20:23.10	
23	#2098	Daphne Solomon	12	Syosset	8:19.8	20:42.14	
24	#1804	Gianna Tofano	11	Massapequa	8:20.1	20:42.85	18
25	#2085	Morgan Lannig	12	Syosset	8:22.5	20:48.81	
26	#1968	Abigail DeReyna	9	Port Washington	8:31.7	21:11.68	
27	#2090	Grace Mittleman	9	Syosset	8:37.8	21:26.81	
28	#2088	Jen Lobody	12	Syosset	8:40.6	21:33.91	
29	#1802	Tiana Sofia	12	Massapequa	8:40.8	21:34.32	19
30	#1784	Danielle Chimenti	11	Massapequa	8:45.7	21:46.54	20
31	#1786	Caitlin Curley	10	Massapequa	8:46.0	21:47.31	21
32	#1872	Allison Barry	11	Oceanside	8:47.8	21:51.83	22
33	#1790	Emily Li	11	Massapequa	8:56.4	22:13.10	
34	#1899	Gabrielle Mauro	11	Oceanside	8:57.6	22:16.08	23
35	#1973	Saige Gitlin	9	Port Washington	9:15.0	22:59.31	
36	#1799	Lexi Ringle	11	Massapequa	9:17.8	23:06.24	
37	#1797	Lisa Passariello	12	Massapequa	9:20.4	23:12.71	
38	#1432	Gaston Abigail	10	Farmingdale	9:21.1	23:14.56	
39	#1876	Jenna Cavale	10	Oceanside	9:26.6	23:28.28	24
40	#1445	Nicolena Spadalik	10	Farmingdale	9:30.4	23:37.64	
41	#1615	Katie Locke	11	Hicksville	9:32.4	23:42.59	
42	#1611	Kelly Cashman	11	Hicksville	9:34.7	23:48.36	
43	#1873	Sharon Ben-Aderet	10	Oceanside	9:35.0	23:49.15	25
44	#1884	Alex Engst	10	Oceanside	9:35.6	23:50.64	26
45	#1912	Rebecca Sarro	11	Oceanside	9:35.8	23:51.09	27
46	#1906	Megan O'Rourke	9	Oceanside	9:42.3	24:07.20	28
47	#1871	Alyssa Amodio	11	Oceanside	9:49.7	24:25.64	
48	#1785	Caile Coughlan	11	Massapequa	9:50.7	24:27.99	
49	#1791	Sara Lutz	11	Massapequa	10:04.0	25:01.03	
50	#1893	Amy Kaplan	11	Oceanside	10:15.7	25:30.25	
51	#1909	Jordyn Parks	11	Oceanside	10:29.5	26:04.45	
52	#1916	Julianna Totino	10	Oceanside	10:31.7	26:10.05	
53	#1961	Jeanie Uy	11	Plainview	10:49.7	26:54.62	
54	#1882	Alexis Fassenfeld	11	Oceanside	10:50.8	26:57.45	
55	#1877	Alexis Chiofalo	10	Oceanside	10:55.6	27:09.38	
56	#1613	Brianna Feeney	10	Hicksville	11:07.7	27:39.54	
57	#1904	Lauren Moran	11	Oceanside	11:36.3	28:50.45	
58	#1610	Ivy Cantos	10	Hicksville	11:43.0	29:07.13	
59	#1907	Nina Pagona	9	Oceanside	11:50.2	29:25.17	
60	#1879	haily conroy	9	Oceanside	11:58.0	29:44.43	
61	#1950	Kristi Chan	11	Plainview	12:43.1	31:36.64	

Conference 4 Results 4000 Run

1	#1691	Gianna Ferrara	8	Locust Valley	9:02.1	22:27.38	
2	#2181	jennifer ventura	11	West Hempstead	9:20.5	23:13.10	
3	#1928	Allison Suttentberg	9	Oyster Bay	9:31.2	23:39.69	
4	#2175	jayna andrikou	9	West Hempstead	9:37.4	23:55.12	

